## Skiers traveling solo, please return both sides of this sheet to AXCS regardless of how you pay your final balance due! Couples & close friends traveling together, please print this sheet out, complete, and put in your MWC luggage in case of emergency.

You can mail the form (AXCS PO Box 604 Bend, OR 97709)

You can scan or take a digital picture of the signed waiver (back of this sheet) & email that image to axcs@xcskiworld.com.

Then type out the required Personal Emergency Info below in the same email.

Name(s):

REQUIRED Personal Emergency Plan:  Everyone in the AXCS travel group and all "independent" USA racers are required to		
create a legible "emergency contact and what-to-do plan" in the event of a major health emergency while we are in Europe. <u>This info is required for everyone going on the trip whether you are racing or not</u> . If you are traveling with others, please make a copy of		
this plan and tell companions where the list is in your baggage or hotel room. Do NOT depend on significant others to simply know what to do and who to call. In a true emergency, family members can be too emotional to think clearly. AXCS will need written instructions to help. Please take this seriously as a precaution. If you don't want to hand write this info, just type up what's needed in a paragraph format.		
CONTACT IN CASE OF MAJOR MEDICAL EMERGENCY: (2 options are ideal)		
#1.) Name + Location:		
Phone + Email:		
#2.) Name + Location:		
Phone + Email:		
CRITICAL MEDICAL INFO & INSTRUCTIONS FOR HOSPITALS OR PHYSICIANS: Include anything medical providers need to know + all insurance info (add a sheet if needed)		

## **EVERYONE must send or email this page to AXCS!!!!!**

## 2023 Masters World Cup AXCS Trip -- Waiver and Release Form

This form must be signed by all participants (+ parent/quardian if minor). One form per booking.

I, the undersigned, or parent or legal guardian of a minor, desiring to participate in the Masters World Cup (hereafter known as "MWC") AXCS Trip hereby acknowledge that the participation by myself or my minor child in the MWC AXCS Trip is permissive only and is subject to the terms of this Release. I acknowledge that the sport of Nordic Skiing is an action sport carrying significant risk of personal injury. I acknowledge that on-snow and dryland ski training and racing involves greater risks and dangers than recreational skiing. I know that there are natural and manmade obstacles or hazards, surface and environmental conditions, and risks inherent in ski, snow and dryland activities, including ice, darkness, poor visibility, cold or freezing conditions, variations in terrain, forest growth, rocks and debris, water hazards, vehicular traffic, variations in pavement, irregularities in trail/ground surfaces, and other conditions and obstacles. The risks, alone and in combination with my actions, the actions of other athletes, or actions of my minor child, can cause very severe or possibly fatal injury. I acknowledge that I or my minor child, as participants or users in the MWC AXCS Trip understand, assume and accept these risks, conditions and hazards, whether known or unknown.

Further, I acknowledge that international travel carries unique dangers, costs, inconveniences, risk to health/life, and potential loss of property. I or my minor child, as participants or users in the MWC AXCS Trip understand, assume and accept these risks, conditions and hazards related to international travel, whether known or unknown.

On behalf of myself and my child, and our heirs, successors, beneficiaries, representatives, next of kin, or assigns, I waive any and all claims, demands, liabilities and recourse against American XC Skiers (AXCS), World Masters XC Ski Association, Cross Country Ski World, The Travel Society, all event owners, coaches, sponsors, independent contractors, vendors, volunteers, and the agents, agencies, affiliates, members, officers, Directors, volunteers, contractors, and employees of all the above organizations (Collectively the "Released parties") arising out of or relating to wrongful death, personal injury, financial hardship or property damage suffered by me or my child from participation in activity in any way related to the MWC AXCS Trip. Without limiting the foregoing, it is my intention that this waiver and release extend to and include claims, damages and liabilities arising out of or resulting from the negligence of any released party.

I am signing this waiver and release form with the full knowledge that "a general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor." The provisions of this statute are hereby waived.

By signing below, I am indicating my acceptance of this waiver and release, and I am representing that I or my minor child are in sufficiently good physical condition to participate in the programs and activities of the MWC AXCS Trip without jeopardizing our health. Further, I am indicating that I/we have full and complete medical & evacuation insurance coverage should any injury, illness, loss, or damage occur as a result of participation in the MWC AXCS Trip. Further, I acknowledge that I have been strongly advised to purchase trip insurance.

By signing below, I am indicating my acceptance of American XC Skiers (AXCS) and independent contractor Cross Country Ski World solely as travel facilitating entities as it pertains to AXCS trips to the MWC event. I acknowledge that I am an AXCS member (or traveling with a member) and I agree to waive any claim of damages made against AXCS or independent contractors in the roles of organizing lodging/ground transport/event entry for the MWC trip.

## I HAVE READ THIS WAIVER CAREFULLY and COMPLETELY, AND HAVING DONE SO I AM SIGNING AND AGREEING TO ALL CONDITIONS SET FORTH VOLUNTARILY.

Print Name(s) of participant(s)	
Signature(s) of all AXCS Trip participant(s) (minors must sign	in addition to parent/guardian):
	Date
	Date