

Overall 15k Results  
National Masters 1/30/05

Place	Bib	Name	Class	Time	
1	579	Kine Torinus	F65-69	1:13:45.7	1
2	575	Wanda Arenz	F65-69	1:15:31.4	2
3	572	Abett Icks	F60-64	1:18:30.2	1
4	576	Linda Cook	F65-69	1:22:14.0	3
5	610	Elena White	F60-64	1:25:50.2	2
6	582	Janet Green	F65-69	1:26:10.5	4
7	574	Emily Lanin	F60-64	1:31:30.0	3
8	584	Coralyn Carl	F70-74	1:37:03.0	1
9	585	Lorraine Whitesell	F70-74	1:39:47.9	2
10	573	Mary Lou Schmitt	F60-64	1:47:38.3	4
11	592	Sarah Martin	F70-74	2:31:31	3

**15k Classic Results**  
**Women's 60-64**

PL	Bib	Name	Class	Time	Overall
1	572	Abett Icks	F60-64	1:18:30.2	3
2	610	Elena White	F60-64	1:25:50.2	5
3	574	Emily Lanin	F60-64	1:31:30.0	7
4	573	Mary Lou Schmitt	F60-64	1:47:38.3	10

**15k Classic Results**  
**Women's 65-69**

PL	Bib	Name	Class	Time	Overall
1	579	Kine Torinus	F65-69	1:13:45.7	1
2	575	Wanda Arenz	F65-69	1:15:31.4	2
3	576	Linda Cook	F65-69	1:22:14.0	4
4	582	Janet Green	F65-69	1:26:10.5	6

**15k Classic Results**  
**Women's 70-74**

1	584	Coralyn Carl	F70-74	1:37:03.0	8
2	585	Lorraine Whitesell	F70-74	1:39:47.9	9
3	592	Sarah Martin	F70-74	2:31:31	11

20k 2005 Masters National Championships  
Women's Overall

Place	Bib	Name	Time	Class	Class Place
1	590	Lynne Cecil-Johnson	1:11:33.7	F40-44	1
2	602	Margie Nelson	1:12:34.3	F25-29	1
3	562	Kate Ellis	1:13:28.4	F45-49	1
4	561	Jan Guenther	1:15:56.1	F45-49	2
5	560	Melinda Silbernack	1:15:59.1	F45-49	3
6	545	Sonja Bostrom	1:17:02.6	F<25	1
7	548	Michelle Jensen	1:20:40.3	F30-34	1
8	569	Gretchen Lindgren	1:28:05.3	F55-59	1
9	612	Laurel Sundberg	1:30:21.1	F25-29	2
10	564	Louella Holter	1:33:01.7	F50-54	1
11	557	Barbara Bradlee	1:33:30.1	F45-49	4
12	593	Alison Markowitz	1:34:29.3	F<25	2
13	549	Min Amy Xu	1:35:05.1	F35-39	1
14	566	Elizabeth Wagner	1:36:12.4	F50-54	2
15	565	Lisa Wheeler	1:39:50.6	F50-54	3
16	555	Ilene Carpenter	1:44:04.8	F40-44	2
17	552	Janelle Jurek	1:47:55.6	F40-44	3
18	559	Karen Weium	1:52:08.8	F45-49	5
19	568	Myra Smisek	1:53:50.3	F55-59	2

Masters Nationals  
Women's 20k by Class

Place	Bib	Name	Time	Class
1	545	Sonja Bostrom	1:17:02.6	F<25 1
2	593	Alison Markowitz	1:34:29.3	F<25 2
1	602	Margie Nelson	1:12:34.3	F25-291
2	612	Laurel Sundberg	1:30:21.1	F25-292
1	548	Michelle Jensen	1:20:40.3	F30-341
1	549	Min Amy Xu	1:35:05.1	F35-391
1	590	Lynne Cecil-Johnson	1:11:33.7	F40-441
2	555	Ilene Carpenter	1:44:04.8	F40-442
3	552	Janelle Jurek	1:47:55.6	F40-443
1	562	Kate Ellis	1:13:28.4	F45-491
2	561	Jan Guenther	1:15:56.1	F45-492
3	560	Melinda Silbernack	1:15:59.1	F45-493
4	557	Barbara Bradlee	1:33:30.1	F45-494
5	559	Karen Weium	1:52:08.8	F45-495
1	564	Louella Holter	1:33:01.7	F50-541
2	566	Elizabeth Wagner	1:36:12.4	F50-542
3	565	Lisa Wheeler	1:39:50.6	F50-543
1	569	Gretchen Lindgren	1:28:05.3	F55-591
2	568	Myra Smisek	1:53:50.3	F55-592

## 20k 2005 Masters National Championships Men's Overall

1	523	Per Johnsen	1:09:29.7	M60-64	1
2	514	Gordon Faulkner	1:12:29.6	M60-64	2
3	512	Philip Rogosheske	1:17:45.1	M60-64	3
4	513	Leonard Coequyt	1:17:59.4	M60-64	4
5	515	Owen Hanley	1:21:06.7	M60-64	5
6	521	Alec Davis	1:22:00.5	M60-64	6
7	517	Bob Koshnick	1:24:53.0	M60-64	7
8	522	Vic LaPort	1:25:19.0	M60-64	8
9	519	Tolly Vollen	1:27:38.9	M60-64	9
10	524	Daniel New	1:29:06.9	M60-64	10
11	516	Bill Kosfeld	1:30:00.9	M60-64	11
12	511	Toby Markowitz	1:37:44.9	M60-64	12
13	525	Mark Hayes	1:46:22.1	M60-64	13
14	533	Dan Karig	1:12:14.5	M65-69	1
15	535	Ozzie Nordheim	1:19:28.9	M65-69	2
16	609	James White	1:23:28.0	M65-69	3
17	534	Monte Miller	1:24:40.1	M65-69	4
18	531	Patrick Lanin	1:27:20.4	M65-69	5
19	532	Donald Bilden	1:29:04.2	M65-69	6
20	527	Tiger Demers	1:33:05.2	M65-69	7
21	598	Arne Lagus	1:38:09.8	M65-69	8
22	529	George Geikas	1:57:59.0	M65-69	9
23	608	Arthur Hanson	2:09:47.7	M65-69	10
24	539	Dick Hedenstrom	1:20:22.0	M70-74	1
25	540	Donald Gini	1:35:42.1	M70-74	2
26	538	Dick Green	1:36:16.8	M70-74	3
27	541	Paul Kaald	1:49:46.0	M70-74	4
28	542	Bjorn Lasserud	1:28:08.2	M75-79	1
29	543	L. Bulkley	2:22:26.4	M75-79	2
30	594	John Burton	2:41:46	M80+	1

## Men's 20k By Class

1	523	Per Johnsen	1:09:29.7	M60-64	2
2	514	Gordon Faulkner	1:12:29.6	M60-64	3
3	512	Philip Rogosheske	1:17:45.1	M60-64	4
4	513	Leonard Coequyt	1:17:59.4	M60-64	5
5	515	Owen Hanley	1:21:06.7	M60-64	6
6	521	Alec Davis	1:22:00.5	M60-64	7
7	517	Bob Koshnick	1:24:53.0	M60-64	8
8	522	Vic LaPort	1:25:19.0	M60-64	9
9	519	Tolly Vollen	1:27:38.9	M60-64	10
10	524	Daniel New	1:29:06.9	M60-64	11
11	516	Bill Kosfeld	1:30:00.9	M60-64	12
12	511	Toby Markowitz	1:37:44.9	M60-64	13
13	525	Mark Hayes	1:46:22.1	M60-64	14
1	533	Dan Karig	1:12:14.5	M65-69	1
2	535	Ozzie Nordheim	1:19:28.9	M65-69	2
3	609	James White	1:23:28.0	M65-69	3
4	534	Monte Miller	1:24:40.1	M65-69	4
5	531	Patrick Lanin	1:27:20.4	M65-69	5
6	532	Donald Bilden	1:29:04.2	M65-69	6
7	527	Tiger Demers	1:33:05.2	M65-69	7
8	598	Arne Lagus	1:38:09.8	M65-69	8
9	529	George Geikas	1:57:59.0	M65-69	9
10	608	Arthur Hanson	2:09:47.7	M65-69	10
1	539	Dick Hedenstrom	1:20:22.0	M70-74	1
2	540	Donald Gini	1:35:42.1	M70-74	2
3	538	Dick Green	1:36:16.8	M70-74	3
4	541	Paul Kaald	1:49:46.0	M70-74	4
1	542	Bjorn Lasserud	1:28:08.2	M75-79	1
2	543	L. Bulkley	2:22:26.4	M75-79	2
49	594	John Burton	2:41:46	M80+	